



September 2024 Lunch

Grades:3-8



	Monday, September 2, 2024	Tuesday, September 3, 2024	Wednesday, September 4, 2024	Thursday, September 5, 2024	Friday, September 6, 2024
Hot Meal		Mild Honey Sauced Drumstick <i>Mildly Seasoned Flavorful Chicken Drumstick</i>	Mozzarella Burger Ketchup	Premium Chicken Nuggets & Ketchup Dill Ranch Cobbers	Fresh Hot Delivered Pizza Assorted Salad Bar
		Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Daily Fruit
		Daily Fruit	Daily Fruit	Daily Fruit	Choice Milk
		Choice Milk & Berry Crackers	Choice Milk	Choice Milk	

	Monday, September 9, 2024	Tuesday, September 10, 2024	Wednesday, September 11, 2024	Thursday, September 12, 2024	Friday, September 13, 2024
Hot Meal	Crunch Wrap WG Tortilla, Chicken Tenders	Cheesy Joe (Taste Test Winner) <i>CKC's Cheesy Twist on a Beef Joe</i>	Mandarin Orange Chicken Steamed Seasoned Rice	French Bread Pizza Assorted Salad Bar	Waffles & Turkey Sausage Patty Sliders <i>Easy-Bite Mini Waffles & Syrup served with Turkey Sausages</i>
	Shred Cheese & Boom Sauce	Assorted Salad Bar	Assorted Salad Bar	Daily Fruit	Assorted Salad Bar
	Assorted Salad Bar	Daily Fruit	Daily Fruit	Choice Milk	Daily Fruit
	Daily Fruit & Choice Milk	Choice Milk	Choice Milk		Choice Milk

	Monday, September 16, 2024	Tuesday, September 17, 2024	Wednesday, September 18, 2024	Thursday, September 19, 2024	Friday, September 20, 2024
Hot Meal	Juicy Ranchola Drumstick French Toast Grahams	Cheddar Nachos <i>Scoop the Creamy Melted Cheese & Chicken Nachos with Corn Chips for the 'Oh, so, yummy' Crunch</i>	The Cheeseburger , that Never Gets Old-Fashioned WG Bun, Cheese Slice & Ketchup	Golden Corn Dog WG Chicken Corn Dog served with Ketchup	Fresh Hot Delivered Pizza Assorted Salad Bar
	Assorted Salad Bar	Assorted Salad Bar	Wafers	Potato Smiles w/ Ketchup	Daily Fruit
	Daily Fruit	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Choice Milk
	Choice Milk	Daily Fruit & Choice Milk	Daily Fruit & Choice Milk	Daily Fruit & Choice Milk	

	Monday, September 23, 2024	Tuesday, September 24, 2024	Wednesday, September 25, 2024	Thursday, September 26, 2024	Friday, September 27, 2024
Hot Meal	Golden Chicken Tenders & Ketchup Animal Crackers	Walking Taco Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema	Chinese Teriyaki Chicken Steamed Seasoned Rice	Creamy Mac & Cheese Strawberry Grahams	Cheese Hot Pocket Warm Red Sauce
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar
	Daily Fruit	Daily Fruit	Daily Fruit	Daily Fruit	Daily Fruit
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk

	Monday, September 30, 2024	CKC Good Food Dictionary		
Hot Meal	Premium Chicken Nuggets Ketchup	When we say 'House-made', it is truly made 'In-House' from scratch		
	Wheat Crackers	Our house-made sauces are examples of our chefs' creativity. Our ranch dressing, creamy Italian dip & boom, yowza and tzatziki sauces are not prepackaged products available to any food service program. They are all our own recipes, developed from a proprietary combination of bases and herbs, to complement the entrees and vegetables with which they are served. Each recipe is tailored to enhance the foods with which they are served.		
	Assorted Salad Bar	<ul style="list-style-type: none"> •Ranch: We have multiple varieties of the dressing we call, "ranch," each with a slightly different herby profile of the well-known staple. •Italian Dip: When marinara sauce isn't quite enough, we have our creamy Italian dip to serve alongside our twisted cheesy bread items. •Boom Sauce: A little spicy and citrusy, our boom sauce is a much-loved accompaniment to our Mexican meals. •Yowza Sauce: Yowza, as in "wowza, this is good!", adds a little kick to our spicy Southwestern meals. •Tzatziki Sauce: This yogurt sauce draws out the flavors in entrees like our Greek bowl. 		
	Daily Fruit & Choice Milk			

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

OCTOBER 2024 Menu (Subject to Change)

		Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024			
Hot Meal		BBQ Meatballs	Asian Chow Mein Bowl	Premium Chicken Patty Sandwich	Fresh Hot Delivered Pizza	Week VI		
		Mashed Potatoes	<i>Whole Grain Chow Mein Noodles with Asian Sesame Chicken</i>	WG Bun & Ketchup	Assorted Salad Bar			
		Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Daily Fruit			
		Daily Fruit	Daily Fruit	Daily Fruit	Choice Milk			
		WG Roll & Choice Milk	Choice Milk	Choice Milk				
		Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024		
Hot Meal		CKC Chef's Texas Burger w/American Cheese Slice	Brunch Lunch	All Beef Hot Dog	Sweet & Sour Chicken	Pizza Hand Pie	Week I	
		WG Ranch Crackers	French Toast Sticks & Syrup	WG Hot Dog Bun, Ketchup	Steamed Brown Rice	Assorted Salad Bar		
		Assorted Salad Bar	Assorted Salad Bar	Vanilla Wafers	Assorted Salad Bar	Daily Fruit		
		Daily Fruit	Daily Fruit	Assorted Salad Bar	Daily Fruit	Choice Milk		
		Choice Milk	Choice Milk	Daily Fruit & Choice Milk	Choice Milk			
		Monday, October 14, 2024	Tuesday, October 15, 2024	Wednesday, October 16, 2024	Thursday, October 17, 2024	Friday, October 18, 2024		
Hot Meal		Soft Shell Tortilla Taco	Mild Honey Sauced Drumstick	Mozzarella Burger	Premium Chicken Nuggets & Ketchup	Fresh Hot Delivered Pizza	Week II	
		WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema	<i>Mildly Seasoned Flavorful Chicken Drumstick</i>	Ketchup	Dill Ranch Cobbers	Assorted Salad Bar		
		Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Daily Fruit		
		Daily Fruit	Daily Fruit	Daily Fruit	Daily Fruit	Choice Milk		
		Choice Milk	Choice Milk & Berry Crackers	Choice Milk	Choice Milk			