

September 2024 Lunch Menu

Grade: PreK



		Tuesday, September 3, 2024	Wednesday, September 4, 2024	Thursday, September 5, 2024	Friday, September 6, 2024			
<b>Hot Meal</b>		<b>No School PreK</b>	<b>Classic Hamburger</b>	<b>Premium Chicken Nuggets</b>	<b>Fresh Hot Pizza</b>	<b>Week II</b>		
			WG Bun, Pickle Rounds & Ketchup	Ketchup	Garden Greens & Dressing			
			CKC Baked Beans	Crisp Broccoli & Dip	Crisp Varietal Apple Wedges			
			Banana	Fresh Watermelon Cubes	Choice Milk			
			Choice Milk	Choice Milk				
		Monday, September 9, 2024	Tuesday, September 10, 2024	Wednesday, September 11, 2024	Thursday, September 12, 2024	Friday, September 13, 2024		
<b>Hot Meal</b>		<b>Crunchy Chicken Tenders</b>	<b>Cheesy Joe (Taste Test Winner)</b>	<b>Mandarin Orange Chicken</b>	<b>French Bread Pizza</b>	<b>Brunch Lunch</b>	<b>Week III</b>	
		Ketchup	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	Mixed Salad & Dressing	Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese		
		Steamed Carrots & Peas	Steamed Mixed Veggies	Sliced Cucumbers & Dip	Fresh Watermelon Cubes	Tater Tots w/ Ketchup		
		Fresh Orange Wedges	Chilled Peaches	Banana	Choice Milk	Crisp Varietal Apple Wedges		
		Choice Milk	Choice Milk	Choice Milk		Choice Milk		
		Monday, September 16, 2024	Tuesday, September 17, 2024	Wednesday, September 18, 2024	Thursday, September 19, 2024	Friday, September 20, 2024		
<b>Hot Meal</b>		<b>Popcorn Chicken w/ Ketchup</b>	<b>Pizza Crunchers</b>	<b>The Cheeseburger , that Never Gets Old-Fashioned</b>	<b>Marinara Meatballs w/ Mozzarella</b>	<b>Fresh Hot Pizza</b>	<b>Week IV</b>	
		Potato Smiles w/ Ketchup	Steamed Mixed Veggies	WG Bun, Cheese Slice & Ketchup	WG Dinner Roll	Sliced Cucumbers & Dip		
		Fresh Orange Wedges	Chilled Peaches	CKC Baked Beans	Steamed Peas	Crisp Varietal Apple		
		Choice Milk	Choice Milk	Banana	Fresh Watermelon Cubes	Choice Milk		
				Choice Milk	Choice Milk			
		Monday, September 23, 2024	Tuesday, September 24, 2024	Wednesday, September 25, 2024	Thursday, September 26, 2024	Friday, September 27, 2024		
<b>Hot Meal</b>		<b>Golden Chicken Tenders</b>	<b>Brunch Lunch</b>	<b>Mac &amp; Cheese</b>	<b>Mac &amp; Cheese</b>	<b>Cheese Hot Pocket</b>	<b>Week V</b>	
		Ketchup	Buttermilk Pancake w/ Syrup	Garden Greens & Dressing	Steamed Broccoli	Warm Red Sauce		
		Glazed Carrots	Colby Cheese Omelet	Banana	Fresh Watermelon Cubes	Sliced Cucumbers & Dip		
		Fresh Orange Wedges	Hashbrown Patty w/ Ketchup	Choice Milk	Choice Milk	Crisp Varietal Apple		
		Choice Milk	Chilled Peaches & Choice Milk			Choice Milk		
		Monday, September 30, 2024	CKC Good Food Dictionary					
<b>Hot Meal</b>		<b>Premium Chicken Nuggets</b>	<b>When we say 'House-made', it is truly made 'In-House' from scratch</b>				<b>Week VI</b>	
		Ketchup	Our house-made sauces are examples of our chefs' creativity. Our ranch dressing, creamy Italian dip & boom, yowza and tzatziki sauces are not prepackaged products available to any food service program. They are all our own recipes, developed from a proprietary combination of bases and herbs, to complement the entrees and vegetables with which they are served. Each recipe is tailored to enhance the foods with which they are served.					
		Steamed Mixed Veggies	<ul style="list-style-type: none"> <li>•<b>Ranch:</b> We have multiple varieties of the dressing we call, "ranch," each with a slightly different herby profile of the well-known staple.</li> <li>•<b>Italian Dip:</b> When marinara sauce isn't quite enough, we have our creamy Italian dip to serve alongside our twisted cheesy bread items.</li> <li>•<b>Boom Sauce:</b> A little spicy and citrusy, our boom sauce is a much-loved accompaniment to our Mexican meals.</li> <li>•<b>Yowza Sauce:</b> Yowza, as in "wowza, this is good!", adds a little kick to our spicy Southwestern meals.</li> <li>•<b>Tzatziki Sauce:</b> This yogurt sauce draws out the flavors in entrees like our Greek bowl.</li> </ul>					
		Fresh Orange Wedges						
		Choice Milk						

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



OCTOBER 2024 Menu (Subject to Change)											
<b>Hot Meal</b>	Tuesday, October 1, 2024		Wednesday, October 2, 2024		Thursday, October 3, 2024		Friday, October 4, 2024		<b>Week VI</b>		
	<b>Cheddar Meatballs</b>		<b>Asian Rice Bowl</b>		<b>Premium Chicken Patty Sandwich</b>		<b>Fresh Hot Pizza</b>				
	Steamed Peas		Seasoned Rice served with Asian Sesame Chicken		WG Bun & Ketchup		Garden Salad & Dressing				
	Chilled Peaches		Crisp Broccoli & Dip		CKC Baked Beans		Crisp Varietal Apple Wedges				
	WG Dinner Roll		Banana		Fresh Watermelon Cubes		Choice Milk				
Choice Milk		Choice Milk		Choice Milk							
<b>Hot Meal</b>	Monday, October 7, 2024		Tuesday, October 8, 2024		Wednesday, October 9, 2024		Thursday, October 10, 2024		Friday, October 11, 2024		<b>Week I</b>
	<b>Cheeseburger</b>		<b>Brunch Lunch</b>		<b>Pop-Chicken Bowl</b>		<b>Sweet &amp; Sour Chicken</b>		<b>Pizza Hand Pie</b>		
	CKC Baked Beans		French Toast Sticks & Syrup		Popcorn Chicken & Shred Cheddar Cheese on Mashed Potatoes		Steamed Brown Rice		Sliced Cucumbers & Dip		
	Fresh Orange Wedges		Hashbrown Round w/ Ketchup		Banana		Mixed Salad & Dressing		Crisp Varietal Apple Wedges		
	Choice Milk		Chilled Peaches		Choice Milk		Fresh Watermelon Cubes		Choice Milk		
Choice Milk		Choice Milk				Choice Milk					
<b>Hot Meal</b>	Monday, October 14, 2024		Tuesday, October 15, 2024		Wednesday, October 16, 2024		Thursday, October 17, 2024		Friday, October 18, 2024		<b>Week II</b>
	<b>Taco Rice Bowl</b>		<b>BBQ Teriyaki Chicken</b>		<b>Classic Hamburger</b>		<b>Premium Chicken Nuggets</b>		<b>Fresh Hot Pizza</b>		
	Taco Seasoned Beef, Steamed Rice & Shred Cheese		Mashed Potatoes		WG Bun, Pickle Rounds & Ketchup		Ketchup		Garden Greens & Dressing		
	Cheesy Refried Beans		Golden Wheat Crackers		CKC Baked Beans		Crisp Broccoli & Dip		Crisp Varietal Apple Wedges		
	Fresh Orange Wedges		Chilled Peaches		Banana		Fresh Watermelon Cubes		Choice Milk		
Choice Milk		Choice Milk		Choice Milk		Choice Milk					